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'You'll never be alone'

Participants in the fourth annual Defeat Depression Waterfront Walk head out from Cornwallis Park in Halifax on Sunday afternoon. The walk drew dozens of people from various ages. Story in [metroNEWS](#). JEFF HARPER/METRO

Bienvenue Halifax

BRANDING

Councillor wants French, Mi'kmaq on welcome signs



Stephanie
Taylor
Metro | Halifax

A city councillor believes it's time the municipality update its welcome signs, not only to reflect the city's new brand, but also its diversity of residents.

Darren Fisher will be tabling a motion during Tuesday's regional council meeting, asking that staff report on the feasibility of switching over the gateway signs on highways 102, 103 and 104 to HRM's new logo and at the same time explore the possibility of including "multi-lingual messaging," besides English.

"I don't think it's representative of our population. I don't think it's representative of our municipality," he said of the cur-

rent signage.

"It's time to consider replacing them with the new branding and perhaps French on it and I'd like to see possibly Mi'kmaq."

He said a report would be the first step in determining just how many different languages could be included.

Redesigning the signs to be more inclusive has been on his mind for several years, Fisher says, especially since there are a number of french-speaking residents within his Dartmouth district.

"What I have heard from the francophone community is that it'd be a really nice gesture if the people that were coming into our municipality were welcomed in more than just English."



**I see this as a first
step in at least
asking the question.**

Coun. Darren Fisher



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Hospital's groundbreaking work brings country to city

COMMUNITY

Two oxen help launch new Dartmouth urban farm

Heide Pearson
For Metro | Halifax

Peter and Nikki Belliveau just had to see the two oxen plowing the soil at the Nova Scotia Hospital in Dartmouth on Saturday morning.

So they brought their four-year-old son, Simon, to take in the special event.

"It's neat," said Simon, who had never seen oxen before.

The oxen were on the hospital grounds Saturday morning, for an old-fashioned groundbreaking to launch the Back to Our Roots urban farm at the Nova Scotia Hospital.

Several families came out to watch the oxen plowing the land where vegetables, flowers and other greens will eventually be planted.

"I never thought I'd actually see one of those old hand-plows being pulled in my lifetime," said Peter Belliveau.

The farm was designed to bring the community together on the hospital grounds, to involve patients and residents in the therapeutic benefits of gardening, and to create edible landscaping, said Starr Dobson, president of the Men-



Simon Belliveau and his father, Peter, look on as two oxen, Lion and Bright, plow the land on the Nova Scotia Hospital grounds in Dartmouth on Saturday. The farm is designed to be both therapeutic and a source of produce. HEIDE PEARSON/FOR METRO

tal Health Foundation of Nova Scotia.

"When I looked out and saw so many families and people here on the property on the hospital grounds, to involve patients and residents who live here at the Nova Scotia Hospital — it's beautiful," Dobson said.

The oxen, Lion and Bright, were brought in as a nod to

the history of the site on which the Nova Scotia Hospital sits.

"I think it just adds to what today is," Dobson said. "We are going back to our roots, and we're remembering the simpler times."

The farm will have both community plots and plots that are for patients and resi-

dents of the hospital to use.

Community plots on the farm can be rented for \$30 a year, and community members can plant whatever vegetables or flowers they wish.

Dobson said the plots should be ready for people to start planting crops in about six weeks.

No. 2

Back to Our Roots is the second urban farm on Nova Scotia hospital grounds. Common Roots urban farm is located in Halifax at the QEII.

CITY HALL

Council to vote on LED switch



Stephanie Taylor
Metro | Halifax

A \$48-million plan to convert all of the city's streetlights to LED bulbs goes before Halifax regional council this week.

The city's audit and finance committee has approved the plan, and wants council to follow through on a staff recommendation to award the task to bidders GJ Cahill and Company Ltd, for a cost of around \$37 million.

Staff also recommend that council approve the total cost of the project — around \$48 million — including nearly \$470,000 worth of required management, design reviews and inspections.

Switching over the city's streetlights from high-pressure sodium bulbs to the energy-saving lights is the result of a 2013 council decision to implement the HRM LED Streetlight Conversion Project. The city subsequently purchased the municipality's outdoor lights from Nova Scotia Power.

"Converting streetlights to LED technology will provide the municipality with significant operational savings due to their efficiency and reduced required maintenance," a staff report reads.

For example, by 2017-18, the city would pay about \$2 million for the energy and maintenance of the LED lights, according to the report.

Compare that to the cost of not switching over to the LED streetlights: By 2017-18, staff warn, energy and maintenance costs would be \$7 million, a full \$5 million more than the energy-saving alternative.

CRIME

Man accused of attacking senior

A man charged with assaulting a Halifax senior is scheduled to appear in court on Monday.

Police say they were called to an assault in progress Saturday evening on John Street in Halifax around 6 p.m.

The victim, a 79-year-old man, was taken by ambulance to hospital for treatment of non-life-threatening injuries.

The suspect, a 55-year-old

+ RELATIONSHIP

Police say the victim and the accused are known to one another. They provided no other details.

man, was arrested at the scene and is now facing charges of aggravated assault.

METRO

IN BRIEF

Green Party boss quits

The leader of the Green Party of Nova Scotia is stepping down.

In a statement released Saturday, John Percy says he is leaving the position after six years. Percy cites age and health concerns, including glaucoma, as reasons for his resignation.

Brynn Nheiley will serve as interim leader until a leadership convention is held within the next six months. THE CANADIAN PRESS

CRIME

Store robbed ... then robbed again

A Halifax convenience was the site of armed robbery twice over the weekend. On Friday, a young man carrying a gun robbed the store. Then early Sunday morning at the same store, an employee behind the counter was held at gunpoint.

Police say a man walked into the Needs on Chebucto Road at 2 a.m. Sunday, took out a handgun and demanded cash and cigarettes.

The suspect then fled the store on foot after getting what he wanted. The employee wasn't injured.

The suspect is described as a white male between 17 and 18, about five feet seven inches tall.

He was wearing black sweat pants, a black hoodie with a multicoloured design on the front and a black ball cap.

METRO



A current Halifax streetlight. JEFF HARPER/METRO



66

This proposal will affect the clean air we breathe, the clean water we drink and the overall quality of our lives.

Donna Buckland, owner of Giant Steps Child Care

Traffic on Highway 103 crosses a bridge over Little Indian Lake near Upper Tantallon on Sunday. A proposed asphalt plant would be located slightly northwest of the area. JEFF HARPER/METRO

Residents oppose asphalt plant

ST. MARGARETS BAY

Halifax-area community call development plan 'terrible'



Stephanie Taylor
Metro | Halifax

A public meeting Monday night on the proposed building of an asphalt plant in the

St. Margarets Bay area promises to be a fierce one, with residents already voicing their disdain for the project.

Nick Horne is a resident speaking on behalf of a Facebook group called Stop the Tantallon Asphalt Plant that boasts a membership of more than 1,300 people who believe the development of a 40-acre parcel of land, which contains a rock quarry, would be devastating to the surrounding communities.

"It could be an ice-cream plant or an asphalt plant,

we're opposed either way," he said in an interview.

"There are so many things that are terrible about this."

A recent staff report indicates that New Brunswick-based company Scotian Materials Ltd. is proposing to build an asphalt plant on the site, located north of Highway 103 and west of Little Indian Lake.

However, under existing zoning policies, such a development is forbidden.

Therefore, the company is seeking amendments to the

66

This (project) is not conducive to land-use for the area.

Nick Horne, resident

district's land-use bylaw and municipal planning strategy.

The staff report says current planning rules designate the land for resource and resource-related development,

as it allows for the protection of the natural environment, but do not have specific guidelines around asphalt plants.

It details how the company believes an asphalt plant would serve the surrounding areas, which they say are under serviced and "well positioned to accommodate a growing market," citing future plans to twin Highway 103.

But Horne said any development would be "improper land use," as the area is heavily used for recreation and is

+ MEETING

A public meeting will be held Monday at the St. Margarets Bay Centre in Upper Tantallon at 7 p.m.

surrounded by Crown land, which doubles as the backyard for many in the community.

Even more troubling would be the pollutants the plant would emit, especially since a daycare is located next door, he said.

30TH ANNIVERSARY



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Miss Teen Halifax shares fight against depression

MENTAL HEALTH

150 take part in walk to raise money and awareness



Haley Ryan
Metro | Halifax

As clouds loomed on the horizon, a blonde girl in a tiara stepped up to the microphone.

Hannah Canning, 16, was crowned Miss Teen Halifax last month and spoke about her own suicide attempt before the city's fourth-annual Defeat Depression walk in Cornwallis Park on Sunday braved the rain.

"Honestly, I'm really nervous but that's OK," Canning said to the crowd of roughly 150 people in blue Defeat Depression T-shirts, her voice shaking.

"I just want everybody to know you're not alone, you'll never be alone. There's always someone out there like you," she said.

Canning said she had known she was "different" at a very young age and was diagnosed with depression and anxiety when she was 12.

Two years after her diagnoses, which she said was one of the worst days of her life, Canning said her mother developed multiple myeloma. She also dealt with bullying throughout junior high, was "extremely depressed" when she was 15, and on January 27, 2014, Canning said she attempted suicide.

"After I got out of the hos-



"I just want everybody to know you're not alone, you'll never be alone. There's always someone out there like you"
Hannah Canning

pital I realized I was ready to live. I was ready to live for ... my boyfriend and my little cousin Annie," Canning said.

Annie, 14, has always been Canning's "No. 1 person" to count on, she said with a smile, and was always there for her when she was feeling down or experiencing mood swings.

Canning was diagnosed with bipolar disorder earlier this year as well as being crowned Miss Teen Halifax last month, but said since then she has decided to become more involved with the mental-health community.

"I'd be home curled up in my bed crying for hours ... I knew how it felt to feel alone, and I don't want anybody else to feel like that," Canning said.

The large group walked the Halifax boardwalk for the one and three-kilometre event, while others headed to the Public Gardens for the five-kilometre walk, organizer Marg Murray said.

Murray, co-manager of the Canadian Mental Health Association (CMHA) Halifax-Dartmouth Branch who hosted the event alongside the Mood Disorders Association of Nova Scotia, said the group proudly walking downtown sends a "strong message" in support of those with mental disorders.

An important thing to realize is that having a mental illness doesn't mean you can't be mentally healthy and live your life, Murray said.

"It's part of you, but it's OK," she said.

DISAPPEARANCE

Investigation continues for missing mountain biker

One year ago last Friday, Marty Leger headed out for a bike ride in the woods.

That was the last time the 39-year-old mountain biker was seen and one year later, RCMP say they are still investigating his disappearance.

Police say Leger was first reported missing last May 29 around 8:40 p.m., after he had gone biking by himself in the Spider Lake Trail area, with plans to return home around 4 p.m.

When he did not return, his



Marty Leger. HANDOUT/RCMP

family went searching for him.

That eventually led to an extensive multiple day search by

RCMP, Halifax Regional Police, the Department of Natural Resources, as well as two-ground search and rescue teams.

However, Leger was never found.

Police are asking anyone venturing out into the woods near the Spider Lake area to report anything out of the ordinary.

At the time of his disappearance, police say Leger was described as six-feet, 260 pounds, with short hair and a beard and moustache. METRO

THEFT PREVENTION

Lock your cars, police warn again

Halifax Regional Police are once again urging residents to remove valuables from their cars and lock them up following a rash of motor vehicle thefts throughout the municipality.

Crime analysts have found a jump in such thefts in several areas, including Dartmouth Road, Gary Martin Drive, Larry Uteck Boulevard, Rocky Lake Drive and Union Street in Bedford, police say in a release.

In fact, police have re-

sponded to 48 reports of items stolen from unattended vehicles in those areas alone over the past month.

Everything from GPS systems and satellite radios to even cell phone chargers should be taken out of cars before locking the doors upon exiting, police say, adding if it's necessary to leave them in your vehicle they should be locked in the trunk and out of plain sight.

METRO

IWK

Telethon raises over \$6.2M

The IWK Telethon for Children has raised more than \$6.2 million as its 31st annual telethon was held this weekend.

Airing live for two days on CTV, the telethon totalled \$6.27 million, which organizers are dubbing another success.

"Thanks to the generosity of Maritime donors, this year's Telethon allows us to purchase urgently needed, state-of-the-art equipment for the Neonatal and Pediatric Intensive Care Units at the IWK," Tracy Kitch, president and CEO of the IWK Health Centre, says in a statement.

That equipment includes new Bili-Blankets to help treat newborn jaundice, and a special BIS Monitor that measures a patient's level of consciousness.

Donations can still be made to the IWK Foundation by calling 1-800-595-2266 or visiting iwkfoundation.org. METRO

+ DID YOU KNOW?

The IWK Telethon for Children is one of the longest running marathon broadcasts in North America.

FOOD

Blade found in package

Halifax police are investigating after two more metal objects, including a razor blade, were found inside food packages.

Police say last Thursday, a woman reported finding a razor blade inside a carton of eggs she purchased from the Alderney Landing farmers market the weekend before.

The vendor is said to re-use cartons brought back by customers, according to police.

Police also received another report from a different woman on Thursday who said she found a nail inside a potato that she had cooked. They say the potato came from a bag of River Valley potatoes, which were packaged in a brown bag, and purchased from the Giant Tiger on Dutch Village Road between three to four weeks ago.

This is the most recent incident of a nail being found inside a potato, as police warn there has been a string of food-tampering incidents across the Maritimes. METRO

Fire rips through Truro Heights home

EMERGENCY

House destroyed in minutes, witnesses say

By the time Cobequid Fire Chief Todd Mills made it down the street from his home, the house he was trying to save was destroyed.

"I just live right up around the corner there," he said, pointing across Chantilly Lane. "I was here within two minutes of the call coming in and it was gone."

The structure involved, a home at the bottom of Chantilly Lane, was stripped down to its bare minimum — four charred walls with no roof and visible studs.

Firefighters were restricted to the perimeter of the house, dealing with thick tufts of

smoke clearly visible from Truro Heights Road. They were called to the scene around 5 p.m. with reports of what started as a kitchen fire.

Neighbours standing nearby said by the time they looked outside, the house was fully in flames. It wasn't long before it was completely gutted. The homeowners had escaped without harm, according to the neighbours.

On scene were members

of the Cobequid department, as well as Truro, Hilden and Onslow-Belmont in support. Brookfield were called to stand in at the Hilden hall. RCMP officers blocked traffic at the corner of Truro Heights Road and Franklin Road, with an ambulance standing by just past the blockade.

As of 6:30 p.m., all departments remained on scene, though flames were no longer clearly visible. TRURO DAILY NEWS



Firefighters on the scene of a house fire in Truro Heights. TRURO DAILY NEWS

CRIME

Suspects sought in separate assaults

Halifax Regional Police are investigating two separate assaults that occurred over two nights in the same area of Halifax.

Police also say the assaults happened at around the same hour of night.

At about 1:30 a.m. Friday, police responded to a report of a man having been assaulted by three or four men in the area of Brunswick and Cornwallis streets.

The men were described as all being black and in their early 20s.

The victim was taken to hospital and treated for non-life threatening injuries.

On Saturday morning, again at about 1:30 a.m., police were called to the area of Brunswick and Garrish Streets, where a man and woman were walk-

+ BACKGROUND

Request for public's help

Police ask anyone with information on either of these incidents to call them or Crime Stoppers.

METRO

ing in the area and were allegedly assaulted by two male suspects.

Both victims were treated and released by paramedics.

The first suspect is described as being a black man, about five-foot-seven, with an athletic build and wearing a reddish-orange sweater. The second was described as a black man, about five-foot-six, with crooked teeth.

METRO

IN BRIEF

Suspected Cape Breton housebreaking ring busted

Six people have been arrested in connection with a series of house break-ins after alert residents notified police of a suspicious vehicle in the Grand Narrows area of Cape Breton.

According to Staff Sgt. Ken O'Neill, the Cape Breton Regional Police was contacted early Saturday morning by Derby Point residents who had spotted a suspicious looking vehicle in the area.

O'Neill said the residents were especially watchful as the normally quiet cottage area between Grand Narrows and Castle Bay had been the target of numerous break-ins over the past few months.

When RCMP stopped the vehicle on Saturday, two of the occupants fled into a wooded area. Both were later located by the CBRP K-9 unit and arrested, but

not before one of the suspects was taken down by the police dog.

CAPE BRETON POST

Man tries to lure boy, 10, into a car, say Halifax police

Halifax Regional Police are investigating a report of a man who allegedly tried to convince a 10-year-old boy to accept a drive home on Friday night.

At about 9:30 p.m., police say the 10-year-old boy was walking to his home on Federal Avenue when a white/grey four-door car reportedly stopped beside him and the male driver asked him if he wanted a ride home, as it would be quicker.

The boy refused the ride and ran home.

The suspect is described as being about 50 years old, with grey/white hair and a full beard, also grey/white in colour.

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POINT PLEASANT PARK

Police to crack down on stunting

Halifax police are sending a stiff warning to drivers who have been spending their Sunday evenings stunting in Point Pleasant Park.

Police say they are aware that people have been gathering in the lower parking lot of the park Sunday evenings to partake, or watch others, participate in stunt-related driving activities.

Other instances of dangerous driving, alcohol consumption, vandalism and littering have also been reported, according to Halifax Regional Police.

Police say these informal Sun-

+ RESPONSE

Police were warning that community response and patrol officers would be monitoring the lower parking lot on Sunday night and would be issuing summary offence tickets as required.

day night gatherings threaten the safety of the people involved and have been an ongoing issue for years, which restarts every spring. METRO

CRIME

Police arrest five, bust break-in ring

Five Dartmouth-area residents are facing several charges in relation to a rash of break-ins across the province, Nova Scotia RCMP said Friday.

Jennifer Andrea Clarke, 28, Victoria Lynn Naugle, 24, and Donald Reginald LeBlanc, 26, all from Dartmouth, along with Randy William McCallister, 26, of Eastern Passage, are all charged with possession of property obtained by crime.

Additionally, 29-year-old Michael Anthony Cooper of Dartmouth faces charges of possession of property obtained by crime, possession of cocaine, possession of crack cocaine and possession of methadone.

Provincial RCMP said in a news release they arrested the five suspects "following a complex month-long investigation"

that involved detachments from Colchester, Cumberland, Hants and Lunenburg districts coming together to investigate 15 different break-ins and attempted break-ins since April 30 in those communities.

The break-ins targeted "rural commercial businesses including grocery stores, liquor stores and pharmacies," the release added.

Officers arrested the five suspects at about 4 p.m. Wednesday after carrying out four search warrants in Dartmouth and Eastern Passage. They arrested a sixth suspect Thursday morning.

Police seized cash, cigarettes, cocaine, crack cocaine, lottery tickets, methadone and prohibited weapons in those searches, according to the news release. METRO



Kids learn crosswalk safety from breakdancing group UNITY at the Traffic Safety Celebration on Saturday. HEIDE PEARSON/FOR METRO

Event teaches safe crosswalk behaviour

TRAFFIC

Breakdancing group helped show children safety tips

Heide Pearson
For Metro | Halifax

Kelsey Greene thinks crosswalk safety is important at any age, which is why he brought his children out to the Traffic Safety Celebration at Victoria Park in Halifax on Saturday.

"If we can install safety

around crosswalks at a young age I think it will carry with them throughout life," said Greene.

The celebration was put together through a partnership between Heads Up Halifax, Halifax Regional Police, Halifax Transit, Halifax Fire and Emergency Services and TELUS.

Different techniques were used to teach children safe crosswalk tips, such as keeping their heads up while crossing the street, not looking at their cellphones, and making eye contact with drivers before crossing.

The Halifax-based breakdancing group UNITY showed crosswalk safety to children using

+ BACKGROUND

Crosswalk safety has become a major topic of discussion and education in Halifax over the past several years. Last month, regional Police and RCMP released a report stating that almost half of pedestrian-vehicle collisions happened in a marked crosswalk this year.

dance moves and catchy songs.

"We really need people modelling good behaviour for the next generation, especially with technology so prevalent with young

people," said Michael Prosserman of UNITY.

There were also volunteers around the area giving out fake tickets to people who weren't using crosswalks correctly. The fake tickets could be brought back to the celebration at Victoria Park to be used as ballots for prize draws.

Downtown Halifax Coun. Wayne Mason said the idea was to teach people how to share the road whether they're driving a car, riding a bicycle or walking.

"When you're in a crosswalk you need to make sure it's safe — you need to make eye contact with drivers, drivers need to be aware, they need to be looking,"

DINING

New eats at Scotiabank Centre

The Scotiabank Centre is getting new snacks.

The event venue has announced that Centreplate, an international hospitality company, will be providing its new concessions services "as part of the facility's plan to enhance customer service."

New options at the arena home to the Quebec Major Junior Hockey League's Halifax Mooseheads include "local food



Scotiabank Centre is getting more food options. METRO FILE

+ TIMELINE

The transition to the new services will take place over the summer with the official launch set for the fall events season, along with facility upgrades such as new seats and renovated bathrooms.

and healthy alternatives" along with "traditional favourites," a news release issued Friday by Trade Centre Limited said.

"We're thrilled to partner with Centreplate as we take another exciting step in the evolution of our community facility," Trade Centre Limited president and CEO Scott Ferguson said in

the release.

Trade Centre Limited, the Crown corporation that manages Scotiabank Centre, looked at business value, customer satisfaction, facility renewal and commitment to the venue's future success in choosing Centreplate as its new partner, the release said. METRO

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'They should apologize'

LGBT RIGHTS

Ex-military member was fired in the '70s for being gay

Michael Woods
Metro | Ottawa

Darl Wood was three years into her military career in Halifax when she was called into her boss's office one morning in 1978.

As a lesbian working for the military police, it was a meeting she had feared and dreaded. Two officers from a special investigations unit took her into an interrogation room and repeatedly questioned her about her sexuality, asking her the same questions over and over again.

She said she came to the conclusion years later that what happened amounted to sexual assault.

She said she was made to stay in the military for another three months while they pro-



Darl Wood was kicked out of the Canadian military in the 1970s for being a lesbian.

COURTESY DARL WOOD

cessed her release. Then, she was kicked out.

The paperwork said she was dismissed for being "unadvantageously employable."

"That was their code for being

discharged for being lesbian," she said. "To add insult to injury, it was requested that I type my own release form."

For years afterward, Wood suffered from post-traumatic

stress, though she didn't realize it at the time. She had trouble keeping a steady job. Her intimate relationships were affected.

She has since become an activist and re-told her story many

"I would have these nightmares, I would wake up in fear and it would interfere with my day-to-day life sometimes."

Darl Wood

times, including to the Royal Commission on Equity in Employment in the mid-1980s. But doing so remains difficult.

"It's only in the last few years that I've been able to do any amount of healing," she said.

Wood will be among a delegation in Ottawa on Tuesday demanding an apology from the government. The We Demand an Apology network will be marching Tuesday on Parliament Hill. Joining them will be victims of the purges as well as members of the federal NDP.

"The military, the government, they did wrong," she said. "What they did was horrendous, and they should apologize."

WITH FILES FROM LUKE SIMCOE/METRO

+ CAMPAIGN

Canada's dark chapter

Between 1958 and 1992, hundreds, if not thousands, of gay and lesbian Canadians were fired from their civil service jobs, interrogated by government officials or spied on by the RCMP.

It's a dark chapter in Canadian history, says Laurentian University professor Gary Kinsman, and one that successive federal governments have been content to keep in the closet.

"It's not part of the grand narrative of Canadian history," said Kinsman, co-author of *The Canadian War on Queers*. "Unlike the United States, where the campaigns against queer people in the military, for example, were very public, in Canada it was kept very secret."

The purges continued throughout the 1980s, ending when the Supreme Court ruled the charter prohibited discrimination on the grounds of sexual orientation in 1995.

Now, 20 years later, the LGBT community is demanding an apology.

LUKE SIMCOE/METRO IN TORONTO

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Deaths at residential schools need more study: Commission



Assembly of First Nations Chief Perry Bellegarde (in headdress) and Justice Murray Sinclair (in black suit), TRC commissioner, march during the Walk for Reconciliation, part of the closing events of the Truth and Reconciliation Commission on Sunday in Gatineau, Que. JUSTIN TANG/THE CANADIAN PRESS

TRUTH AND RECONCILIATION

Justice Sinclair estimates 6,000 kids died

The commission that has spent five years examining one of the darkest chapters in Canada's history is winding up its work with a key question left unanswered — exactly how many aboriginal children died in residential schools?

Justice Murray Sinclair, who heads the Truth and Reconciliation Commission, says the federal government stopped recording the deaths around 1920 after the chief medical officer at Indian Affairs suggested children were dying at an alarming rate.

"He was fired," Sinclair says. "The government stopped recording deaths of children in residential schools, we think, probably because the rates were so high."

Sinclair has guessed up to 6,000 children may have died at the schools, but it's impossible

to say with certainty.

More than 130 years after the first residential schools were established to "take the Indian out of the child," the commission will release a summary of its six-volume final report on Tuesday. It will include testimony from survivors, as well as numerous recommendations.

The commission didn't originally intend to examine how many children never came home, but it quickly emerged as an issue, Sinclair says.

Schools were often crowded, poorly ventilated and unsanitary. Children died from smallpox, measles, influenza and tuberculosis. Some were buried in unmarked graves in school cemeteries, while others were listed as "missing" or "discharged." In some cases, parents never found out what happened.

Some provinces handed over death certificates to the commission, but Sinclair says the work is far from over.

The \$60-million commission was part of a landmark compen-

150K

More than 150,000 First Nations, Inuit and Métis children were taken from their families and forced to attend government schools over much of the last century.

sation deal between Ottawa, the Crown and residential school survivors. It visited hundreds of communities and heard testimony from 7,000 survivors, including graphic details of rampant sexual and physical abuse.

The legacy of the schools is evident today, Sinclair says. High poverty rates, a large number of aboriginal children in foster care, a disproportionate number of aboriginals in jail and hundreds of missing and murdered aboriginal women can all be traced back to residential schools, he suggests.

THE CANADIAN PRESS

Female Mounties seek class-action suit

At age 22, Quebec native Joanne Mayer was greeted at her first RCMP posting in Gibsons, B.C., with a handshake and a blunt statement from the sergeant: "We don't think women should be in the force, and especially not French-speaking ones."

Mayer said that along with her regular duties, she spent over two years doing "sexist"

chores including making coffee, ensuring there was an ample supply of cream and sugar, and cleaning police cruisers. Now, Mayer has joined hundreds of other former and current RCMP members hoping for justice over alleged gender discrimination, bullying and harassment with a potential class-action lawsuit.

A five-day hearing to deter-

mine certification of a class-action proceeding involving 362 women is set to begin Monday in B.C. Supreme Court.

Lawyer David Klein said that while he believes the RCMP has been taking steps to reduce harassment, people who have made allegations are still being challenged on every statement they make. THE CANADIAN PRESS

POLICE

Rollout of carbines criticized

RCMP officers who raced to a New Brunswick neighbourhood under siege by Justin Bourque say the force has failed to supply them with recommended guns and training, months after a report urged the organization to do just that.

Some frontline officers, who spoke to The Canadian Press on the condition that they remain anonymous because they are not allowed to speak publicly, say they fear for their safety because most members still do not have carbine rifles or training on how

to use them.

One RCMP officer who witnessed Bourque gun down a colleague last June 4 in Moncton says the organization has moved too slowly in rolling out the carbines and training.

Another member says officers feel they are outgunned and are increasingly bitter that repeated calls for better weaponry over the last decade haven't prompted a swift response from RCMP headquarters.

He says only four people in his detachment of about 80

members have been trained on the Colt C8 carbine, a semi-automatic weapon that is highly regarded for its accuracy and long range.

The RCMP moved the first carbines out in 2013, with 2,200 now available for 12,000 members. Carbine training has stepped up since last year, but the force won't reveal how many officers have been trained.

In mid-May, the RCMP was charged with violating the Canada Labour Code.

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- 4 Jason Derulo: Want To Want Me
- 3 Flo Rida ft. Sage The Gemini: G.D.F.R.
- 2 Wiz Khalifa ft. Charlie Puth: See You Again
- 1 OM! Cheerleader

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EGYPT

Over 2,600 killed since Morsi ousted

At least 2,600 people were killed in violence in the 18 months after the military overthrew Egypt's president in 2013, nearly half of them supporters of the Islamist leader, the head of a state-sanctioned rights body said Sunday.

Mohammed Faye, head of the National Council for Human Rights, told reporters that the 2,600 included 700 policemen and 550 civilians who were killed in the period between June 30, 2013 and Dec. 31, 2014.

The council is a nominally independent group sanctioned by the government. It has no judicial or law enforcement powers.

The military overthrew Mohammed Morsi, Egypt's first freely elected president, on July 3, 2013, amid massive protests demanding his resignation. The violence culminated on Aug. 14, 2013, when police violently dispersed two pro-Morsi sit-ins in

Cairo, killing at least 600 of his supporters. Since then, the military-backed government has waged a sweeping crackdown on Morsi's Muslim Brotherhood.

Rights groups and activists have alleged widespread human rights abuses since Morsi's ouster.

The government has defended its practices as being necessary to combat Islamic militancy.

THE ASSOCIATED PRESS



There is no proof they died as a result of torture, but there's also nothing to prove otherwise.

Mohammed Faye

INDIA

Intense heat wave to last another day

Despite hopes that weekend thundershowers would help end a raging heat wave in southern India, the rain brought only limited relief as the death toll since mid-April approached 2,200.

Officials said Sunday that the scorching heat was likely to continue for another day in worst-hit Andhra Pradesh and Telangana states.

Daytime temperatures hovered between 45 and 47 degrees Celsius in parts of the two states over the weekend, 3 to 7 degrees Celsius above normal, said K.Y. Reddy, a director of the Meteorological Center in the Telangana state capital of Hyderabad.

Andhra Pradesh has been hit the hardest, with 1,636 people dying in the state from the heat

over the past month and a half, a government statement said. Another 561 people have died in neighbouring Telangana, said Sada Bhargavi, a state disaster management commissioner.

Twenty-two people have died in northern Uttar Pradesh state over the past two weeks, said Raj Shekhar, a state government official. The Press Trust of India news agency said 21 people have died from the heat in eastern Orissa state, seven in western Gujarat state and two in New Delhi, India's capital.

Cooling monsoon rains are expected this week in southern India before gradually advancing north. The monsoon season will last until the end of September. THE ASSOCIATED PRESS

IN BRIEF

John Kerry breaks leg in bicycle accident

U.S. Secretary of State John Kerry has delayed his trip back to the United States to stay in a Swiss hospital overnight after breaking his leg in a bicycle crash Sunday.

State Department spokesman John Kirby said after further consultation that it was sensible for him to remain in the hospital for observation overnight as a precaution.

Kerry had to scrap the rest of a four-nation trip that included an international conference on combating the Islamic State of Iraq and the Levant. THE ASSOCIATED PRESS

Nepal schools reopen

Thousands of schools across the districts worst hit by two major earthquakes in Nepal reopened Sunday.

With most school buildings damaged or unsafe, the Education Ministry ordered that classes be held in temporary classrooms.

The earthquakes on April 25 and May 12 killed 8,693 people and injured 22,221 others. It's estimated that more than 90 per cent of schools were destroyed in the worst-hit districts of Gorkha, Sindhupalchok and Nuwakot. THE ASSOCIATED PRESS



Senate Majority Leader Mitch McConnell, R-Ky., walks to the Senate Chamber in Washington, D.C. on Sunday to begin a special session to extend surveillance programs. CLIFF OWEN/THE ASSOCIATED PRESS

NSA surveillance programs expire

COUNTERTERROR

U.S. Senate fails to extend deal ahead of midnight

The National Security Agency was expected to lose its authority at midnight Sunday to collect Americans' phone records in bulk, after an extraordinary Sunday Senate session failed to produce a deal to extend the fiercely contested program.

Intelligence officials warned that the outcome amounts to a win for extremist groups. But civil liberties groups applauded the demise, at least temporarily, of the once-secret program made

public by NSA contractor Edward Snowden, which critics say is an unconstitutional intrusion into Americans' privacy.

The program is all but certain to be revived in a matter of days, although it also looks certain to be completely overhauled under House of Representatives-passed legislation that Senate Majority Leader Mitch McConnell reluctantly blessed Sunday evening.

With most senators opposed to extending the current law unchanged, even for a short time, McConnell said the House bill was the only option left, other than letting the program die off.

The Senate voted 77-17 to move ahead on the House-passed bill. But no final action was expected before Sunday's midnight deadline after McConnell's fellow

Kentucky Republican Sen. Rand Paul said he would assert his prerogatives under Senate rules to delay a final vote for several days.

"This is what we fought the revolution over, are we going to so blithely give up our freedom? ... I'm not going to take it anymore," Paul said.

McConnell countered: "We shouldn't be disarming unilaterally as our enemies grow more sophisticated and aggressive, and we certainly should not be doing so based on a campaign of demagoguery and disinformation launched in the wake of

the unlawful actions of Edward Snowden."

Fellow Republicans exited the chamber en masse when Paul stood up to speak after the Senate's vote on the House bill.

In addition to the bulk phone collections provision, two lesser-known Patriot Act provisions also lapsed at midnight: One, so far unused, helps track "lone wolf" terrorism suspects unconnected to a foreign power. The second allows the government to eavesdrop on suspects who continually discard their cellphones.

THE ASSOCIATED PRESS



This is what we fought the revolution over, are we going to so blithely give up our freedom?

Republican Senator Rand Paul

MYANMAR

Navy detains journalists covering rescue

Myanmar's navy briefly detained journalists who tried to reach a remote island Sunday where more than 700 migrants were being held after their giant wooden ship was found drifting off the country's southwestern coast.

Some journalists were forced to hand over their camera memory cards or sign documents saying they would not try to make the journey again.

The wooden boat was one of more than a half-dozen that have either washed to southeast Asian shores or been rescued

in the last month following a massive, regional crackdown on human trafficking networks.

Around half of the 3,700 people to come ashore have been Rohingya Muslims fleeing persecution in Myanmar, according to the UN Refugee Agency, and the remainder Bangladeshis escaping poverty.

Myanmar, however, has denied that Rohingya have been among the boat people, saying all have been from Bangladesh. It also has refused to shoulder the blame for a spiraling humanitarian crisis.

It insisted Sunday that all 727 people on board the ship recovered in the Bay of Bengal on Friday — including 74 women and 45 children — were Bangladeshis.

When journalists tried to reach Thameehla Island in small boats to see for themselves, they were either turned back or briefly detained and questioned by navy officials. Four Associated Press journalists were among those who were detained for about two hours before being released.

A navy commander at the

base, who refused to give his name, told the Associated Press that "we have safely rescued migrants from Bangladesh."

He said they were brought inside a naval base compound, though the Associated Press was able to see the ship tied to a naval vessel from the water and the tops of the heads of around 50 people still on board.

"We have given them food and medication," the navy official said. "The doctors are taking care of them. We will send them back whenever they are safe." THE ASSOCIATED PRESS

Artists at helm of careers

MUSIC INDUSTRY

Canadian musicians taking care of business

With his extravagant wiry beard, thick black-rimmed glasses and a mop of unruly hair, Ben Caplan doesn't look like a typical businessman.

But the Halifax-based musician is one of many Canadian artists who are at the helm of their careers, handling the business side of their music.

It's a rising trend in the music industry, said Caplan.

"If you want to make a living as a musician, particularly as a songwriter, I think you have to have some entrepreneurial sensibility," the folk singer-songwriter said.

"You've got to be able to treat it like running a business and to think about it like running a business because essentially that's what it is. You are a small business owner and you are an entrepreneur."

Even Juno Award-winning artists are jumping from ma-



Ben Caplan, a Nova Scotia musician, runs his career as a small business and takes responsibility for promoting and controlling his artistic expression. ANDREW VAUGHAN/THE CANADIAN PRESS

ior labels to take full control of their careers.

Toronto R&B artist July Black, who left Universal Music several years ago, said self-represented artists are not a trend but an "evolution."

A Toronto-based program says it is filling a void in the

"You've got to be able to treat it like running a business."

Ben Caplan

Canadian music industry by helping artists learn how to run their own careers.

Vel Omazic, executive director of Canada's Music Incubator, said the innovative program teaches artists about the business of the music industry.

He said nowadays, industry

officials like labels and publicists are not willing to work with artists until they have established a "viable business."

"They're not simply entertainment. They're running a business just like anybody else," said Omazic, whose program sees about 40 artists per year.

Omazic said technology and social media have played huge roles in empowering musicians to run their own show.

Because of the accessibility of technology, artists can produce their own music more easily, whereas a few decades ago, you would have needed the backing of a label, or thousands of dollars, said Omazic. Marketing has also been made easy through social media, he said.

But Omazic said artists also shouldn't expect to find overnight success.

"That whole myth about throwing your video up on YouTube (and being discovered) is like buying a lottery ticket," he said. "It's about putting in the time and putting in the work ... and the artist is really left to their own devices to work up to the point where they have a business. There's no short-cut."

THE CANADIAN PRESS

IN BRIEF

NDP tabling motion to ban pay-to-pay bank fees

Flush from its success in getting rid of the GST on feminine hygiene products — the so-called tampon tax — the NDP now wants the House of Commons to abolish "pay-to-pay" fees charged by big banks. Andrew Cash, the NDP's consumer protection critic, will table a motion on Monday calling for an end to such practices as charging for paper bills. THE CANADIAN PRESS

Australia pushing Canada over wine access: Memo

Australia is pressuring a reluctant Canada to lower trade barriers on its wine industry as part of the ongoing negotiations of the Trans Pacific Partnership, pushing for similar concessions that were won by the European Union, according to an internal memo from the Department of Foreign Affairs, Trade and Development. Canada is pushing back because it doesn't appear to want a repeat of the concessions it offered Europe. THE CANADIAN PRESS



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ROSEMARY WESTWOOD

metroview

It's time to apologize for the persecution of gays and lesbians

It was dubbed the fruit machine.

Created by the Canadian government in the 1960s, it was supposed to determine if you were gay.

It could be from a John le Carré novel, but it's a real part of our government's history of terrorizing gays and lesbians in the civil service. And it's past time for an apology.

Developed by a Canadian psychologist, the fruit machine measured pupil dilation and palm sweat as you viewed images of half-naked men or women. On top of that came intrusive questions about masculinity and femininity, all in a bid to scientifically deduce your sexuality.

The fruit machine never made it out of the testing phase. It was scrapped in 1967. But investigations, interrogations and dismissals of gay employees continued for decades.

Throughout the Cold War period, the government viewed gays as a security risk whose "character weakness" left them susceptible to blackmail, said Laurentian University professor emeritus Gary Kinsman.

"Thousands and thousands of people were investigated by the RMCP during these years."

You've likely not heard about this. You soon will.

Activists, NDP MPs and victims of the purge will gather

on Parliament Hill Tuesday to demand an official government apology for Canada's so-called war on queers (the title of a book co-authored by Kinsman). It's not the first such call. But let's hope it's the last.

First and foremost, for people like Christine. In the late 1970s, she was interrogated and lost her job in the military for being a lesbian.

She was asked, "Do you like to masturbate in front of a mirror? Who takes the garbage out? Do you use a dildo? Do you hate men?" according to a statement from the We Demand an Apology Network.

Investigators demanded suspects like Christine give the names of other gays, and denied them security clearances for promotions. Fear led people to closet themselves and, in some cases, commit suicide, Kinsman said.

For the victims, an apology would bring closure and restore honour. For the rest of us, it would reveal the truth.

We need to hear about this hunt that ruined careers and lives. We need to hear about the science-fiction-esque fruit machine and the bigoted philosophy behind it.

Keeping silent would implicitly condone discrimination that is, in different ways, still happening today.

Homophobia has no place in our government. It's time to step up and declare it never did.

MYMETRO

Amanda Easton, Calgary

What are you up to?

It is my first time at Lilac Festival today, so we are just checking out the shops, and then hopefully we will hit some beer tents afterwards. We are really enjoying it. It is amazing to have this nice weather and maybe get a tan.

What is your commute?

I'm in the Beltline, and I do drive. I probably should walk, though. I drive about 10 minutes to downtown for work.

What are you binge-watching or reading right now?

Brooklyn Nine-Nine. It is hilarious. It just makes me laugh, and it is just really different and really cool.

Follow us on Instagram @metronewsca and show us your #MyMetro pose with a copy of our newspaper. We'll re-post you and feature a reader pic from across Canada in this spot every Monday.



An ode to Peter MacKay: Thanks for the misery

HALIFAX MATTERS

Stephen Kimber



Is Peter MacKay resigning from federal politics to spend time with his growing greeting-card-perfect family? Or to grease a private-sector future filled with lucrative corporate board memberships and international consulting gigs? The move would be nicely anchored by a 20-year pension worth almost 2-1/2 times the average Canadian salary. Or did he jump the Harper ship before it disappears below the electoral water line, all while plotting his eventual resurrection?

Perhaps it's all of the above. He wouldn't be the first: John Turner, Brian Mulroney, Jean Chretien, Paul Martin...

While it may be premature

to pen Peter MacKay's political obituary, it's never too early to assess his accomplishments — and otherwise.

First, there is the Conservative Party. MacKay's unprincipled decision to violate a no-merger promise that allowed him to win the 2003 Progressive Conservative leadership convention, then hop into bed with Stephen Harper's far-right Canadian Alliance, changed the course of contemporary Canadian politics.

If not for that deal, "the lives of all of Canada's conservatives would have been bound in shallows and miseries," Harper himself allowed during his fond farewell to MacKay on Friday.

Instead, the more than 60 per cent of us who are not conservative suffered the shallows, miseries and worse.

During nearly a decade in senior cabinet portfolios

— justice, defence, foreign affairs — MacKay helped Stephen Harper push what was once our country far to the warriors-not-wimps, lock-em-up-and-throw-away-the-key, either-good-guys-or-terrorists side of the ideological divide.

Worse, he did it clumsily, picking on the veterans his government claimed to venerate while picking unwinnable fights with Supreme Court justices.

MacKay's local legacy — Atlantic Canada Opportunities Agency appointment scandals, international security conference boondoggles, dangled dollars for questionable mega-projects — is merely an unwelcome extension of last-century federal pork-barrel politics.

The best news about his resignation is that it puts his Central Nova seat — along with the province's other three Tory ridings — in legit-

The best news about (MacKay's) resignation is that it puts his Central Nova seat ... in legitimate play.

imate electoral play this fall.

That said, I will miss him. Peter MacKay, he of Condi confidences, Belinda betrayals, banged-up hearts, borrowed photo-op dogs, hijacked search and rescue helicopters, etc. He was the columnists' gift that kept on giving. See you soon, Peter.

Stephen Kimber is a professor of journalism at the University of King's College in Halifax and an award-winning writer, editor and broadcaster. Halifax Matters runs every Monday.


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by Jason Logan





The sharing economy

The Uber effect changes everything

ON-DEMAND

Services at the touch of a screen keep expanding

A taxi app. A ride-sharing company. A mobile-based car service.

Uber, invariably described as one of the above, will face Toronto city hall's lawyers on Monday to argue over whether it operates as an unlicensed cab service.

Last week, Edmonton cab drivers marched in protest at city hall, shouting "shame, shame" because they say the ride-sharing program doesn't fall under the same regulations they do. City councils from Calgary to Ottawa are trying to figure out how, and if, to regulate this new and growing business.

But don't let the regulatory fight distract you: Uber isn't really about cars.

Uber's app now connects ride seekers to drivers in more than 300 cities. But the explosive success of its business model — service delivery at the tap of a touch screen, usually provided by casual contractors — is so widely imitated that it's even launched new lingo in the tech startup world: "It's like Uber for X," or "Uber for fill-in-the-blank,"



On-demand mobile business is growing. TORSTAR NEWS SERVICE

has become an eye-rolling cliché among the tech press corps.

Among the range of what are sometimes called "on-demand mobile services," there are Uber-like apps for groceries, babysitters and valet parking. There are others for manicurists, bodyguards and medical marijuana. Uber itself offers food delivery in four cities, including this one.

You don't have to like Uber — and the aggressively expanding company has attracted its fair share of criticism. But you should know that any licensing-and-standards squabble is just one corner of a bigger conversation about technology, jobs and digital disruption.

Below are some of the other services the Uber model has spawned. (Unlike Uber itself, few are available in Canada — so far.) TORSTAR NEWS SERVICE

Uber for laundry

In the Washio app, users set a 30-minute pickup window for their dry cleaning and laundry. A "ninja" comes to get the clothes and returns them a day later, clean.



Uber for takeout

In an increasingly crowded field, apps like Caviar, SpoonRocket and UberEATS let users tap on a restaurant-cooked meal option and have it delivered to their door or desk by couriers (or by Uber drivers during the low-volume lunch hour).



Uber for groceries

Apps like Instacart let users fill up a virtual grocery cart. When they hit the "buy" button, shoppers — freelancers who receive a notification based on their location — pick up the goods and pocket part of a flat fee.



Uber for child and pet minding

Apps such as Urbansitter and the Toronto-based DateNight connect parents with local, available and vetted childminders, while services including DogVacay and DoggyBnB link pet owners with walkers and sitters.



Uber for anything (legal) you want

A startup called Magic went viral last year after billing itself as the quintessential "Uber for X," or "Uber for fill-in-the-blank." Text an operator anything (legal) you want — a plate of sushi bicycled to the park bench you're sitting at, an airplane ticket to Portugal, a puppy — and the service will get it to you. Uber co-founder Garrett Camp recently launched a slicker version of a similar get-me-anything service, a personal shopping app called Operator.

How to say no to superiors

ETIQUETTE

Taking on extra work can mean performing below par

OFFICE RELATIONS

Eleni Deacon



Your days are so packed with meetings and emails that you barely have time for work. You've got a report due next Wednesday and a presentation the following morning. You stay late at the office and spend Sundays catching up. But when your manager asks for help on a new project, you cheerfully agree — despite having long surpassed max capacity. After all, isn't it bad to say no to your boss? Not necessarily.

While no employee wants to appear unco-operative, excessive compliance sends an equally dangerous message: that you're never not on call. It can be uncomfortable to assert



There should be a payoff if you take on beyond-your-job duties. ISTOCK

boundaries — but it's even more uncomfortable to exhaust yourself by accepting a not-humanly-possible pile of work.

When tasked with beyond-your-job duties, assess the request. Is it a meaty project that could give your career a boost? That could be worth shuffling

“It's about saying yes more selectively.”

your priorities. Mundane grunt-work with no foreseeable payoff? Your weekend would be better spent at the pool. Learning to say no isn't about constantly saying you can't — it's about saying yes more selectively.

If the idea of standing your ground makes you shudder, re-

member that saying no doesn't literally mean saying the word. When your boss presents you with extra assignments, express calm but firm concern. Outline what's presently on your plate and explain that your current endeavours might suffer if your attention is diverted. Don't whine about having too much to do. Keep the focus on maintaining the quality of work, rather than complaining about volume.

Still can't agree to say no? Consider a compromise. Maybe you're too swamped to write that entire debrief, but a few sections might be manageable. And while a big new project just won't fit your sched, you could offer to supervise someone more junior — read: less frazzled — while they learn the ropes. A flat-out no leaves your boss without any option but to insist you do the work. By providing an alternative course of action, you give yourself an out.

Doing a great job doesn't necessarily mean doing every job. Learn to limit your load, and you'll leave room to overperform. Overextend and you're likely to under-deliver.

IN BRIEF

Narcissism in numbers

According to U.K. online publication the Mirror, an average young woman spends five hours a week taking selfies. Hey, it takes a long time to put on makeup, get the hair right, master the perfect pout, find an attractive angle, choose a filter...

Those five hours average out to about 48 minutes a day. It certainly seems like a long time to snap a pretty picture. It doesn't mention any other stats, like how long the average woman spends looking at other people's selfies on Instagram.

EMILY LAURENCE/METRO NEW YORK

48

The average number of minutes young women spend snapping selfies every day, according to a study done by the Mirror in the U.K.

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The Tab

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Now that's dedication: Enrique Iglesias performs while holding his bloodied and bandaged right hand behind his back during a concert in Tijuana, Mexico, on Saturday. FRANCIS RAMSDEN VIA THE ASSOCIATED PRESS

Enrique soldiers on after drone mishap

FREAK ACCIDENT

Singer slices fingers at show but plays on for half hour more

Enrique Iglesias was recovering Sunday after some of his fingers were sliced when he grabbed a drone during a concert in Tijuana, Mexico.

A representative for the singer said in a statement to The Associated Press that Iglesias was "semi-treated" after the accident at the side of the stage to stop the bleeding on Saturday night. He was advised to end the show but went on to perform for an additional 30 minutes.

"During the show a drone is used to get crowd shots and some nights Enrique grabs the drone to give the audience a Point of View shot. Something

went wrong and he had an accident," the statement read. "He decided to go on and continued playing for 30 minutes while the bleeding continued throughout the show."

Concertgoers at Plaza de Toros de Playas posted photos on social media of Iglesias, 40, with blood all over his white T-shirt.

"He was rushed to the airport where an ambulance met him there. He was then put on

TOUR

Iglesias' show for 12,000 fans is part of his Sex and Love World Tour.

His website says his next show is in July in Mexico City.

a plane to L.A. to see a specialist," the statement read. THE ASSOCIATED PRESS

NO 'DUMB ACTRESS'

Portman opens up about college woes

Harvard graduate and Oscar winner Natalie Portman returned to Cambridge this year to speak at commencement, and she used the opportunity to get candid about the difficulties she faced when she first arrived at the school.

"It's easy to romanticize my time here, but I had some difficult times. Being 19, dealing with my first heartbreak, taking birth control that's now off the market due to its depressive side effects,"

Portman revealed during her speech.

And then there was the whole being in Star Wars thing: "When I got to Harvard just after the release of Star Wars: Episode I, I feared people would assume I had gotten in just for being famous, and not worthy of the intellectual rigour here," she said, adding that she was desperate to prove she "wasn't a dumb actress."

Look, I know she's trying to be inspiring and all, but seriously, if beautiful, famous and intelligent Natalie Portman can't make it through undergrad unscathed, what hope is there for us mere mortals?

NED EHRBAR/METRO IN HOLLYWOOD



LIVE-TWEETED SAGA

Kristen Bell's Uber awkward carpool

There's a lesson to be learned from Kristen Bell's recent misadventure with Uber: Be careful which option you select, because Uber Pool — the furthest one to the left — means you're sharing your ride.

The Veronica Mars star thought she was getting a normal, iPhone-enabled ride home when things took a turn for the more communal. "Didn't know Uber had a carpool option, but my driver just pulled over and said,

'Gotta pick someone else up.' This should be fun," she tweeted.

But her discomfort is our entertainment, as she went on to live-tweet the incredibly awkward ride, fears for her safety and all: "Not sure where the other rider is headed but we're getting close to my house," she wrote. "Then it occurs to me 'What if he's coming over?'"

Huh. Maybe the lesson is keep using the Uber Pool option because unwitting celebrities might end up sharing some awkward silence with you.

NED EHRBAR/METRO



GOSSIP NOTES Surreal digs on the market and a big cover shoot

M.J.'s Neverland selling for \$100M

Neverland, the sprawling California ranch that was once the location of "King of Pop" Michael Jackson's mind-boggling amusement park, is up for sale for \$100 million, realtors said Friday.

But an expert said the price tag is "optimistic," given the unproven charges of child molestation that tainted Jackson's final years before his death in 2009.

The late star built up his Neverland Ranch on 2,700 acres outside Santa Bar-

bara to include zoo animals, numerous amusement rides and lavish gardens. It has 22 buildings, according to the Wall Street Journal. AFP

Jenner's Vanity Fair debut

Bruce Jenner is apparently choosing his big moments wisely. While he's kept pretty quiet since his big Diane Sawyer interview in April, the Olympian is reportedly planning to have his first appearance as a

woman be the June cover of Vanity Fair.

And I mean, if you're going to live in public, you might as well live in the really good parts of it. Honestly, an Annie Leibovitz-shot Vanity Fair cover is by far the classiest thing to happen to anyone associated with Keeping up

with the Kardashians in a long, long time.

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CAMP GUIDE



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Dalplex can accommodate your needs.

Dalplex offers mini-university camps where kids aged eight to 16 spend half the day being Dalhousie University students and the other half being physically active.

"For the first part of each day, campers go to classrooms or laboratories on campus and get mini lessons taught by Dal students," says Amanda Kirby-Sheppard, marketing manager at Dalplex. "Some of the topics we are covering this year include kinesiology, pharmacy, history of pop music, European history and creative writing."

Then, after lunch, it's time to get active. This year there are climbing, fencing and badminton camp options for parents from which to choose.

"It's been a program we've been running for 25 years," Kirby-Sheppard says. "It's pretty popular because it's a good hybrid where kids get to spend part of the day



CONTRIBUTED PHOTOS

learning something completely new, but they still get a lot of physical activity as well."

Badminton camps are run by Andrew Harding, a 2015 Nova Scotia Canada Games coach. The climbing camps are an excellent opportunity for beginner and intermediate climbers to advance their skills. In fencing, campers learn the basic techniques and rules of fencing for attacking, defending, and counter-attacking while focusing on fair play

attitudes and practices. Plus, all the mini-university camps hit the pool every day.

"It's a very busy and interactive camp," she says.

There are also still spots available in the Dal Tigers varsity sports camps in hockey, basketball, swimming, volleyball and soccer. "If parents are just getting around to making their summer plans, we can definitely still accommodate some campers in certain camps."



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SHARPEN HOCKEY SKILLS AT SMU

Summer is a great time to sharpen the skates — and hockey skills — at Saint Mary's University hockey summer camps.

There are camps for boys and girls at all skills levels. Camps are led by SMU men's and women's varsity teams coaches and players with a one-to-15 instructor-to-student ratio.

"Our hockey camps at SMU are a way to prepare for the upcoming season," says Chris Larade, women's hockey head coach.

"Our coaching staff, along with our varsity players, aim to provide a fun, yet challenging learning environment that put our campers through innovative drills and sessions both on and off the ice."

Campers get to work on and improve their skills alongside some of the best men's and women's varsity players in the country.

Each camp focuses on the fundamentals of hockey with a focus on individual skill

and team concepts. But there is lots of fun, too. Games and contests offer campers the chance to test their skills, work together and make new friends.

Campers will jump into fast-paced hockey that will test their puck skills, speed, and creativity in one-on-one puck battles. SMU summer hockey camps are the best way to prepare for the upcoming season.

For more, please visit smufit.ca and click the Jr. Huskies Camps link.

BRIGADOON IS... More

"The scope of Brigadoon goes far beyond a traditional summer camp. Atlantic Canadian families who are affected by a chronic illness, condition or special need can experience the joy of Brigadoon all year round. And, our qualified staff are on site 24/7 to make sure campers' needs are met."

David Graham, Executive Director

2015 Summer Camps

- Camp See-Ya (blind and visual impairment)
- Camp Carpe Diem (epilepsy)
- Camp Braveheart (congenital heart issues)
- Camp JoinTogether (arthritis)
- Camp Kedooopse (bereavement)
- Camp Treasure Chest (asthma)
- Camp Trailblazers (craniofacial/facial differences)
- Camp Lots-a-Wata (kidney disease)
- Camp Guts & Glory (Crohn's & Colitis/IBD)
- Camp Silly-Yak (celiac disease)

...And More!

BRIGADOON

Visit us at: www.brigadoonvillage.org
Toll Free: 1-888-471-5666

Camps for kids with illnesses

Brigadoon Village

Brigadoon Village's summer camps are filling fast.

"We see a large number of campers come from Nova Scotia and around the HRM, but each summer as the awareness and demand of our camp programming grows, we are welcoming numerous campers from across New Brunswick, P.E.I., Newfoundland and beyond," says Dave Graham, executive director.

Brigadoon's programs are open to children and youth living with chronic illness who are between the ages of eight to 17. Each camp has an adjoining leadership program, Leaders in Training, where campers aged 15-17 learn to become self-empowered and give back to their camp, school and community through volunteerism.

This year, Camp Treasure Chest, which is run in partnership with The Lung Association of Nova Scotia, is not only being offered to children and youth living with asthma, but Brigadoon is expanding the eligibility to children living with anaphylaxis and respiratory issues.

Brigadoon is anticipating more than 550 children to attend summer programs. Since



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full summer programming opened in 2012, it has grown 250 per cent.

One youngster who recently attended Camp Braveheart (for cardiac conditions) said the best part was going in the pontoon boat.

"I felt like I had brand new best friends and I was able to take on the world. If I ever had to take my shirt off to go swimming, I wouldn't have to explain each individual scar to anyone."

Brigadoon Village runs 12 camp programs over nine weeks in the summer. Camps range from epilepsy, to cardiac conditions, to Crohn's and Colitis, to bereavement for those who have lost loved ones, and several more additional camps.

To register, or for more information, visit brigadoonvillage.org or call 1-888-471-5666.

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- Co-ed Basketball
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- Co-ed Volleyball
- Girl's Volleyball
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- Girl's Hockey
- Girl's Hockey summer league

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www.smuhuskies.ca

Generals beat Rockets in overtime to get the glory

MEMORIAL CUP

Oshawa wins its first CHL title since 1990

Anthony Cirelli's second goal of the game at 1:28 of overtime lifted the Oshawa Generals to a 2-1 victory over the Kelowna Rockets in the Memorial Cup final on Sunday night.

The Generals won the Cup for the first time since 1990 and became the first Ontario Hockey League team to win since the 2010 Windsor Spitfires.

Tomas Soustal scored in the first period for Western Hockey League champion Kelowna and Cirelli tied it in the second.

Championship game



A favourable bounce sent Oshawa on an attack. Goalie Jackson Whistle stopped the first shot from Chris Carlisle but Cirelli was on the doorstep to bang in the rebound in overtime.

The Rockets carried most of the play and outshot Oshawa 38-24 in regulation time. Final shots were 38-26, with Ken Appleby stopping 37 shots for the Generals.



Oshawa Generals captain Josh Brown receives the Memorial Cup after his team capped an undefeated tournament with a 2-1 overtime win over the Kelowna Rockets in the final. AARON BELL/CHL IMAGES

Perhaps rusty from having five days off since finishing first in the round robin, the Generals were unable get their cycle game going and were outshot 9-4 in the first period.

Cole Linaker won a draw from Michael McCarron and Madison

Bowey fired a puck off the end boards that Soustal, posted at the back door, put into an open side at 15:08.

The Generals found their legs during successive power plays in the second period and tied the game at 13:50 when Cirelli

broke down the left side and picked the top corner behind Whistle.

Oshawa nearly had the winner at 17:30 of the third, but video review showed Hunter Smith batted it in with a high stick. THE CANADIAN PRESS

+ MVP

Kelowna's Leon Draisaitl was named the tournament's MVP with seven points in five games.

PGA

Bowditch claims wire-to-wire win

Steven Bowditch rode his best birdie binge on the PGA Tour to a 5-under 64 and a four-shot victory Sunday in the AT&T Byron Nelson, winning in the Australian's adopted home for his second career title — both in Texas.

Bowditch had 27 birdies while becoming the seventh player to lead all four rounds of the event. He finished at 18-under 259 on the rain-altered layout at the TPC Four Seasons Las Colinas. THE ASSOCIATED PRESS



Steven Bowditch
SCOTT HALLERAN/GETTY IMAGES

IN BRIEF

Henderson to compete at Pan American Games

Brooke Henderson of Smiths Falls, Ont., headlines the four athletes named to Canada's golf team on Sunday for the upcoming Pan American Games.

The 17-year-old former world No. 1 amateur will be joined by four-time LPGA Tour winner Lorie Kane of Charlottetown.

The men's team is made up of Austin Connolly who resides in Irving, Texas, and Garrett Rank of Elmira, Ont. THE CANADIAN PRESS

CANOE SPRINT WORLD CUP

De Jonge a hair off from second gold

Olympic bronze medallist Mark de Jonge won silver on Sunday in the men's K1 200 metre at the third and final ICF canoe sprint World Cup.

The Halifax native was 0.088 seconds off the gold medal, which was won by 2013 world champion Petter Menning of Sweden. De Jonge is the defending world champion from last season.

Canada finished the weekend with six medals. De Jonge also won gold in the

K4 200 with Ryan Cochrane of Windsor, Montreal's Hugues Fournel and Quebec City's Etienne Morneau.

Gabriel Beauchesne-Seigny of Trois-Rivieres, Que., won a gold medal in the men's C1 5,000. His C2 partner Ben Russell of Dartmouth also took home a bronze in the 200.

Hannah Vaughan of Dartmouth was part of the silver medal-winning crew in the women's K4 200. THE CANADIAN PRESS

FIFA

Ex-VP cites The Onion in panning of U.S.

Former FIFA vice-president Jack Warner renewed his criticism of the United States, where he faces corruption charges, on Sunday by releasing a pair of videotaped comments — one of them based on a story by satirical website The Onion.

"This past week has been a most trying one for me, a most difficult one," Warner said.

Even Sunday wasn't easy, when Warner needed two attempts to get his message across by telling followers that the latest accusations against him stem largely from the U.S. being upset that it did not win the rights to host the 2022 World Cup — which went to Qatar.

In an eight-minute Facebook video, which was quickly deleted after numerous news reports picked up on the gaffe, Warner held up a printout of a fictitious story from The Onion bearing the headline: "FIFA Frantically Announces 2015 Summer World Cup In United States."

The fake story was published on Wednesday, hours after Warner was indicted in the U.S. and arrested and briefly jailed in Trinidad. Warner asked why the story was "two days before the FIFA election" when Sepp Blatter was re-elected as president.

Warner asked "if FIFA is so bad why is it the U.S. wants ... the World Cup?" Additionally, Warner said that FIFA is "the very same organization they (the U.S.) are accusing of being corrupt. That has to be double standards."

Later, in the second video, Warner thanked supporters. He said a number have reached out in recent days since the latest scandal broke.

THE ASSOCIATED PRESS



Jack Warner
THE ASSOCIATED PRESS FILE

Youth has again served Lightning well

NHL

Stamkos and Triplets aiming to take title like '04 young guns

As family members took pictures with the Stanley Cup before the parade through the streets of Tampa, then-Lightning general manager Jay Feaster told veteran defenceman Darryl Sydor he was the 2004 champions' missing ingredient.

Sydor, a mid-season trade pick-up, appreciated the kind words but pointed at 24-year-olds Brad Richards and Vincent Lecavalier and told Feaster: "It's those guys that win a Stanley Cup for you."

Eleven years later, Feaster sees a Lightning team with a more intellectual coach and younger leadership group but one that has many of the same qualities of the group that won the first Cup in franchise history. Now it's 24-year-olds Steven Stamkos, Tyler Johnson and Victor Hedman, 25-year-old Alex Killorn, 23-year-old Ondrej Palat and 21-year-old Nikita Kucherov leading the Lightning into the Cup final against the Chicago Blackhawks.

"Your best players are your young players," Feaster said in a phone interview Sunday.

Goaltender Ben Bishop's numbers aren't as impressive as Nikolai Khabibulin's in 2004, but he boasts two Game 7 shutouts. Johnson could follow Richards as



Steven Stamkos, right, with ex-Lightning player and member of their 2004 Stanley Cup winning team Marty St. Louis, has been a great leader for Tampa this season. BRUCE BENNETT/GETTY IMAGES

a Conn Smythe Trophy winner if he keeps up his torrid scoring pace, and his "Triplets" line has

led Tampa Bay.

"The stuff that Johnson and Palat and Kucherov have done,

not only in the regular season but in the playoffs, is I think very similar to what Brad Richards and Vinny Lecavalier and Marty St. Louis and even Ruslan Fedotenko did, scoring key goals," said Chris Dingman, a member of that 2004 Cup team. Youth has served the Lightning extremely well these playoffs, as the top five scorers are all 25 or younger. They have only one player who's older than 31, winger Brenden Morrow, and don't look the least intimidated by big-game situations.

In 2004, Tampa Bay leaned on Sydor, 40-year-old captain Dave Andreychuk and 34-year-old Tim Taylor for vital lessons. Taylor stood up after a crushing Game 6 loss in the Eastern Conference final and said: "We've got to look the devil in the eye and go for it."

"They knew when to talk, they knew when to calm things down," said Feaster, now the Lightning's executive director of community hockey development. "But it was the younger guys who were the ones who were scoring the goals and leading us in terms of the production."

Stamkos has done both. In his first full season as captain, the Markham, Ont., native made his statement the morning of Game 7 against the New York Rangers when he said none of their dominance in those situations mattered because it didn't happen against the Lightning.

"It doesn't matter if you're 40 or 25," said Dingman, now a Lightning analyst. "If you're a leader, you can be a leader."

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RECIPE Pork Tenderloin with Mango Avocado Salsa**EAT LIGHT AT HOME****Rose Reisman**
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- 1 tsp minced jalapeno pepper
- 1 tsp lemon juice
- Salt

Directions

1. Preheat oven to 400 F. In a skillet or grill pan, sear pork on all sides for about 3 minutes. Place on baking sheet lined with foil and bake tenderloin for about 15 minutes, or until temperature reaches 135 – 140 F for medium doneness.
2. In a bowl, combine remaining ingredients. Slice pork thinly and spoon salsa over top.

Nutrition per serving

- Calories 240
- Carbohydrates 2g
- Fibre 1g
- Protein 36g
- Fat 9g
- Saturated Fat 2g
- Cholesterol 110mg
- Sodium 90mg

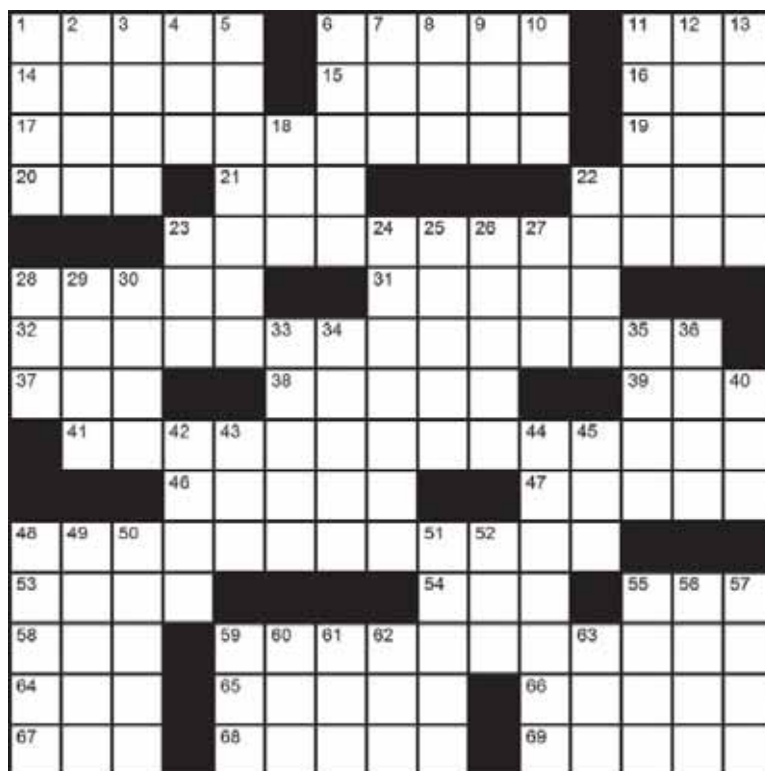
PHOTO: ROSE REISMAN

Ready inPrep time: 15 minutes
Cook time: 15 minutes**Ingredients**

- 1 1/2 lb pork tenderloin (one or two small)
- 3/4 cup finely diced mango
- 1/2 cup finely diced ripe avocado
- 1/4 cup finely diced red bell pepper
- 3 Tbsp finely diced red onion
- 3 Tbsp chopped cilantro
- 2 tsp olive oil

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN**ACROSS**

1. Alberta city just south of Edmonton
6. Some can be tall
11. First Aid __
14. Sch. subject
15. Nimble
16. Tropical cuckoo
17. June 1st & June 2nd, 2015: The Music of __ (Edmonton Symphony Orchestra concert featuring songs by a famous British rock band)
19. "This is tasty!"
20. Bear, in Barcelona
21. U's spelled-out follower
22. Merchandise
23. As per #17-Across... Song that goes "Hey fellas have you heard the news?"
28. Previous
31. Marauds
32. "Stay in the Light" band from Niagara Falls: 2 wds.
37. Posh Spice's hubby ...his initials-sharers
38. __ cologne: 2 mots
39. Monopoly road type, briefly
41. CBSA = Canada __ Agency
46. Cosmetician
- Ms. Lauder
47. Actor Jeremy
48. Gatorade, and others: 2 wds.
53. New Zealand fruit
54. French pronoun
55. Boat's distress



58. Overnight roadside stop
59. Type of house layout: 2 wds.
64. Director Spike
65. Mr. Klein, Premier of Alberta from 1992 to 2006
66. Ms. Garbo
- 67.

Psychedelic drug
68. " __ Days" by Bruce Springsteen
69. Dishwater's characteristic**DOWN**

1. "Mission: Impossible" theme music composer

- Mr. Schiffrin
2. '70s Spanish hit: " __ Tu"
3. "Thank You" songstress
4. Pretzels brand
5. Village in the Lower North Shore region of Quebec
6. Gradually

- diminish
7. Block' suffix
8. Rapper, __ Kim
9. Yalie
10. Pres. Obama's former title
11. Inuit craft
12. Accustom
13. Kitchen gadget
18. __-sized (Small)

22. "What __ to do?"
23. Gardening tool
24. __ leg (Pants part)
25. __-annonce (Movie trailer, in French)
26. Stair part
27. Univ. web address word, sometimes
28. Scholarly deg.
29. Luxe-living magazine, __ Report
30. "Not __ many words."
33. "Boy __ World" ('90s TV series)
34. Paddled
35. Restaurant chain, with Bell
36. All square
40. 'Lion' suffix
42. Opera singer Ms. Grist
43. Summer hrs. in Ottawa
44. Newfoundland: L'Anse aux Meadows historic people
45. U.S. tax bureau
48. Talent
49. Hankers
50. Had
51. Fidgety
52. "Yees!" opposite
55. Plant's beginning
56. Chooses
57. Dog training command
59. Assoc.
60. Buddy
61. Jeff Lynne's gr.
62. American ailer since '71
63. French vineyard

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
The problem you will be faced with today is the same problem you have faced many times before. Get it right this time and hopefully it won't bother you again.

Taurus April 21 - May 21
Life isn't as tough as you seem to think it is. You have everything you need to accomplish your ambitions and find contentment both in your personal life and in your career.

Gemini May 22 - June 21
Refuse to worry about a relationship issue. Tomorrow's full moon is sure to resolve the situation, after which you can move on, either alone or together. It's probably not as bad as it seems.

Cancer June 22 - July 23
If there is anything you have to do that requires a clear head it might pay to wait until Thursday or even Friday. Until then it's unlikely you will be thinking straight.

Leo July 24 - Aug. 23
You will find something to smile about today — in fact you will wonder how and why you allowed yourself to get so upset over the weekend.

Virgo Aug. 24 - Sept. 23
If you get the chance to resolve a dispute of some kind you must not let it pass you by. You may have to make an apology you don't really mean but it's better than letting a senseless feud drag on indefinitely.

Libra Sept. 24 - Oct. 23
Even if you try to explain yourself in the simplest of terms you will still encounter people who refuse to believe what you say. Don't waste time because you have more important, and more exciting, things to do.

Scorpio Oct. 24 - Nov. 22
Try not to make a decision about a money or business matter today. For best results you should wait until the second half of the week. Even then it might be best to do nothing at all.

Sagittarius Nov. 23 - Dec. 21
Discuss your differences with a rival openly and honestly today. The approaching full moon in your sign makes you more emotional than you need to be, so strive to be rational.

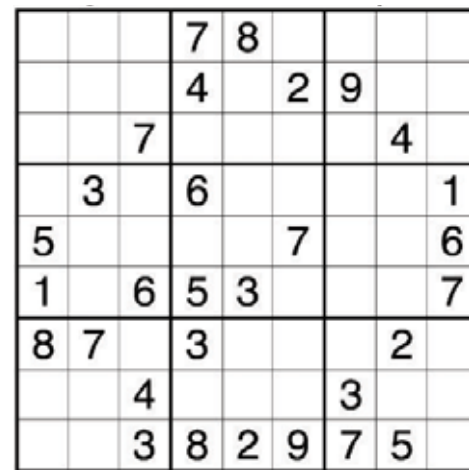
Capricorn Dec. 22 - Jan. 20
Doubts and fears you thought you had conquered will make a reappearance but you must not let them take over your life. Most of what you are worrying about is just in your head.

Aquarius Jan. 21 - Feb. 19
You are in one of your serious moods at the moment and anyone who tries to play games likely to regret it. But don't go too far or you could turn a friend into an enemy.

Pisces Feb. 20 - March 20
You will find yourself up against someone who is just too tough for you today. Do you back off or do you go down fighting? Logic may have little to do with the answer.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



Difficulty Level ★★★

6/05

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